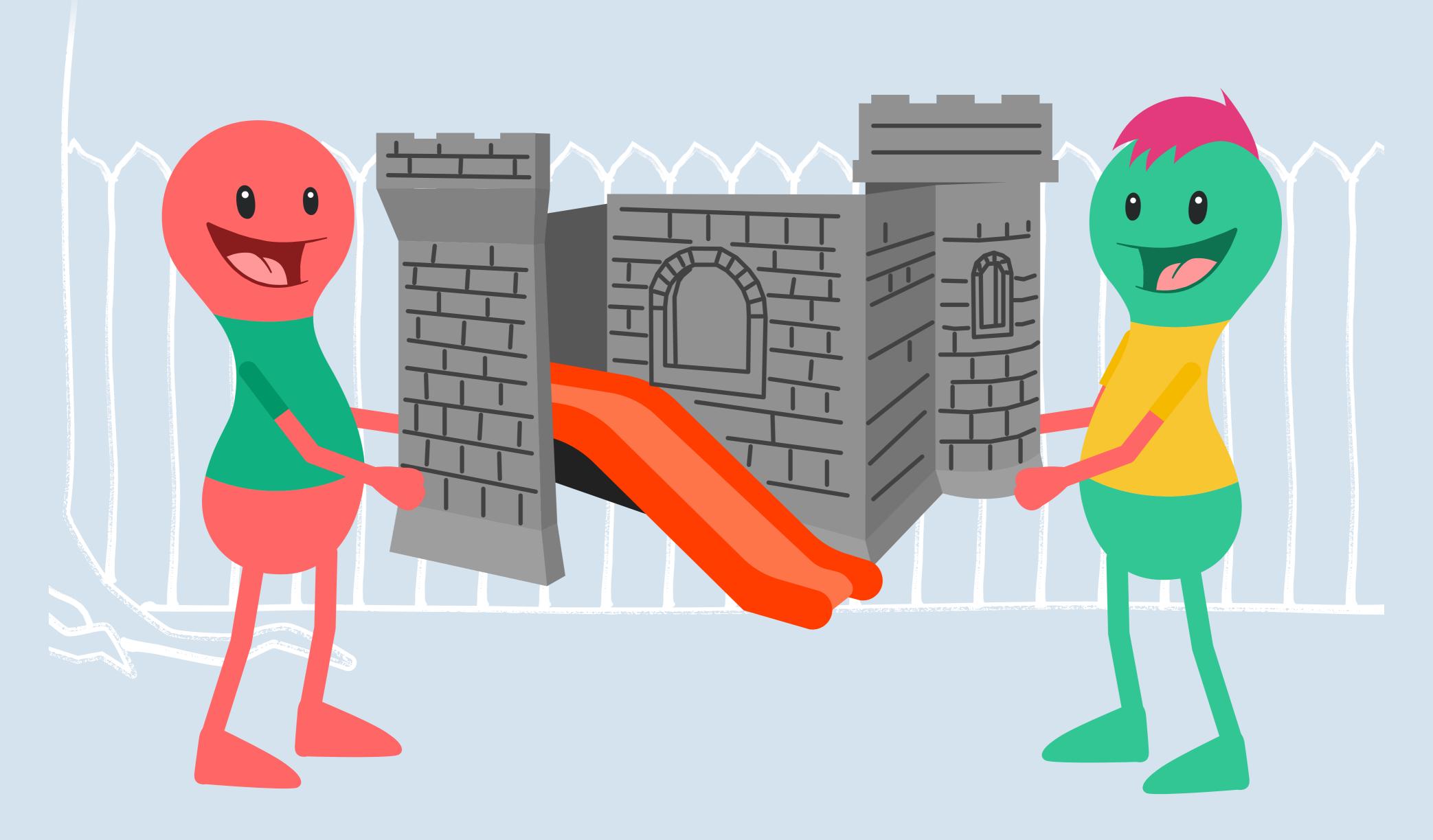
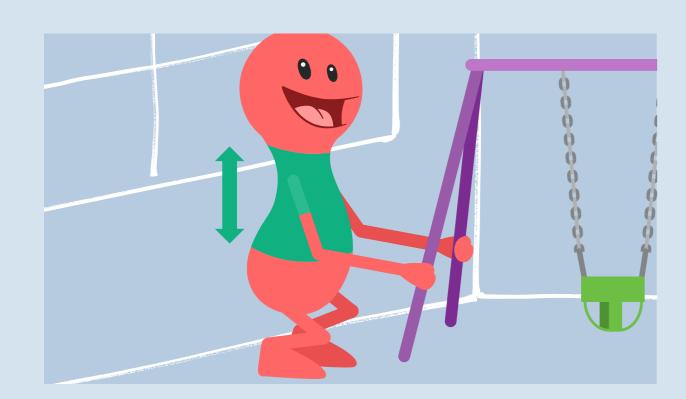
How to avoid workplace injuries.

When moving outdoor play equipment...



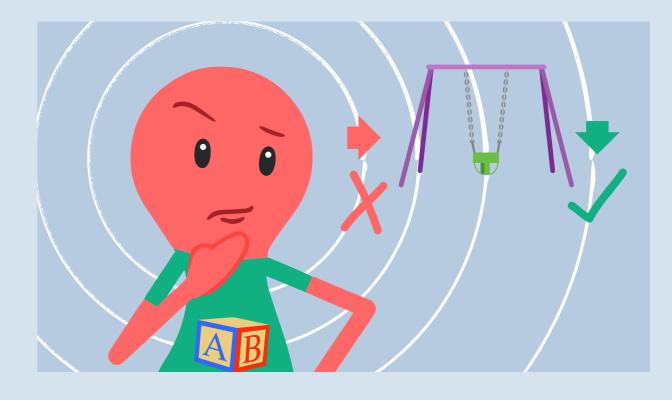
Share the load with a colleague.



Use correct lifting technique.



Where possible, use a trolley rather than carrying.



Consider if it really needs to be lifted and moved.

To lodge a claim with Guild Insurance, go to **guildinsurance.com.au/claims**If you are unsure if an incident needs to be lodged as a claim, speak to your Guild account manager.
For any other information or advice, contact Guild on **1800 810 213** or visit **guildinsurance.com.au**

